

# BCDA

## Ballyneety Hub News



ISSUE 6 – SPRING/SUMMER 2024



Introducing **Stephen Lappin** who runs weekly outdoor boot camp classes on the AstroTurf pitch. Stephen has been running his very popular fitness classes at the hub since 2019.

Classes are for all levels of fitness from Beginners to Master Fitness starting January for 8 weeks. You can join at any time during the season. Classes are held on Tuesday and Thursday evenings at 8pm. You can attend one class a week or both. Another 8-week course will commence in March.

Current price for an 8-week course on Tuesdays and Thursdays is €80, or one class a week €40. If you fancy an early morning jog/run, this starts again in the springtime.

Stephen (085) 881 2815

**Ballyneety & District Men's Shed** continues to grow and prosper. Email: [BallyneetyMensShed22@gmail.com](mailto:BallyneetyMensShed22@gmail.com) or call Micheal John @ 087 237 5629 for information.

A **New** business **Breen Financial services** is working from the Innovation Hub, offering financial planning advice and cover areas such as pensions, investments, life assurance and mortgage protection cover. Contact Simon: 061 513757, 086 8222549 or [breenfss@gmail.com](mailto:breenfss@gmail.com)



### Happy New Year for 2024

We had a successful Christmas Market despite the weather conditions, see details overleaf 😊

### Events for your diary in 2024:

- Darkness into Light walk for Pieta house, Sat May 11<sup>th</sup>.
- Summer garden party for the community. June/July
- Milford Coffee Morning – September
- Walking track membership annual renewals Oct
- Christmas Market 2024 – early December
- If you have any event ideas, please contact us.



**BCDA** is a group of community volunteers, working together to enhance our area. Address: Innovation Hub, Ballyneety Golf club, V94 7W13. Jessica held knitting classes for the Autumn, and it was very well attended, Thank you Jessica. Caroline from Beo Holistics is heading to Australia soon and we wish her well.

### What does BCDA currently offer?

- A **walking track** with solar night lighting for members only
- An innovation Hub with a **multi-purpose room**, €10 an hour
- **Therapy room** for rent weekly, monthly or annually, €10 an hour
- **Office space** for rent weekly, monthly or annually
- **5 aside Astro Pitch** for rent hourly (+ student rates)
- 2-hour **Party Package**/Confirmations/Communions for just €70



### Activities currently running at the hub/pitch.

- VillageYoga.ie **Yoga & Pilates** - [Sinead @ 087 971 1007](mailto:Sinead@0879711007)
- **NEW** Baby Massage February 1st @ [butterflybambinos\\_baby\\_message](https://www.butterflybambinos.com)
- **Fitness** on the pitch for **all** ages - [Stephen @ 085 881 2815](mailto:Stephen@0858812815)
- Psychotherapist – **NEW** - Noelle Blake MIACP - 087 798 9846
- [NoelleBlake33@gmail.com](mailto:NoelleBlake33@gmail.com)
- Reiki & Head Massage – Caroline 087-9202074
- **NEW** QI-GONG with Philomena in February



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## Christmas Market Review

The Christmas market was a very wild and windy affair! We are very grateful for the support the traders got from our community. We had to abandon the outdoors for the indoors for those traders that wished to stay. Thanks to all who contributed to make the market a success, especially the Market traders for attending. The Christmas Market each year raises funds that allow us to contribute to charity. This year we will be donating €500 to Dochas Mid-West Autism.



## Congratulations to the 21 Christmas Hamper winners.

Kathleen Lane, Barbara English, Eileen Hannon, Paul Blake, Leona Campbell, Ann O'Rourke, Rachael Uhlemann, Paula Keating, Olvie Scollard, MJ Cosgrave/Jim Browne, Mary Jones, Denise Leahy, Noel Godfrey, Donal Fahy, Monica Uhlemann, C. Moloney, Margaret Dooley, Fergal Murphy, Maeve Lyons, John McNamara & John Walsh.

## Thank you to the following who helped make the BallyneetyHub Christmas Market a success.

Our super BCDA Market Team headed up by Ann Rowsome, Denise Leahy, and Brid Lang with constant support of the BCDA team members, Ballyneety Golf Club, Vines Bar & Restaurant, Ballyneety Driving Range, John Leamy, Crosses Funeral home for parking facilities and Ballyneety Golf Club Volunteers for help with parking and other tasks. The Drombanna Singers, Ballyneety & District Men's Shed Team, Cronan Garry Jr. for Lighting, Brenda Ryan Centra, John Hurley Senior, John Hurley Junior, Brian Murphy, Ben & Team @CreativeGardens, Rosemarie Casserly, Tom O'Rourke, Ger & Alison Lane, Pauline Conway, Maeve Martin, Monica Uhlman, John Keogh, James & Monica, Jean & Richard Coady, Jackie O'Riordan, Joe Looby, Mossie & Eoin, Ray and Stephen, Arlene Gleeson, Jack & Mary O'Brien, Jeannie O'Malley, Claire Quinlavin, Marie Sheehan, Dolores Hayes, Pauline Meaney, Kevin McManus, Ciara Nash & Margaret Ryan. If we have missed your name, we apologise, and please let us know as we do appreciate all the help we get, be it your time, money, or contributions to the hampers. 😊



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